# The Scissor Skills 

## Sourcebook

## PDF

DOWNLOAD
Josiane Caron Santha Occupational Therapist

## Includes:

Complete program $50+$ multi-page projects (coler, cut \& glue)

Sutategies for helping children with difficulties

Progless certificates, observation forms and many other tools

1004 acilith ldeas and much more...

Projects Illustrator
Glen Santha

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## Interest Phase (Around 18-24 Months)



## Interest Phase (Around 18-24 Months)

The child notices the scissors with a parent or another older child. They understand that scissors are complementary to paper and are interested in the mechanism. In their first experiments with scissors, the child mostly plays with the tool without putting their fingers in the holes. Scissors usually remain closed and the child uses these mainly for randomly hitting on the paper in an effort to understand how they work. At this stage, the child does not know how to use the tool but is interested by their desire to imitate their parents or older siblings.

The child may not be ready to begin their apprenticeship in cutting. This step is still important to stimulate curiosity and motivation for cutting. Follow this step. Do not push the child to place their fingers in the holes. Ideally, get them a pair of plastic toy scissors (without blades) for their first experiences.

## Stimulate the Child to the Interest Phase

- Cut while the child is watching and draw attention to the transformation of the paper.
- Combine words or sounds to bits of paper falling.
- Let them handle a SAFE pair of scissors.
- Do activities that promote gross motor development to get their body ready to learn scissors skills.
-Include scissor cutting in symbolic play (e.g. cut Play-Doh bits to feed hungry animal figurines).



## Fine Motor Activities

## Objectives:



- To strengthen the muscles of the hands.
- To promote the dissociation of the arches of the hand and finger segments.



## Yum-Yum:

Carry small objects with food tongs or large claws. Feed the small items to


Quick Dry:
Painting construction paper using cotton swabs moistened with water.


Tug of War: Play with a towel, washcloth or coffee sticks.


Hurricane:
Spray water at each other with a spray bottle or an empty shampoo bottle.

The Restaurant: Using play-doh or clay, toothpicks, plastic knives, or cookie molds. Making restaurant food by molding the Play-Doh or cutting and poking it with the toothpicks or plastic knives.


## Strategies

## Teaching Change of Direction

Objective: To teach the child to first identify required changes in direction and then turn the sheet rather than reorienting the scissors.
(1) Play "The Traffic Game". Make a stop sign and use it for role play where the child pretends to be a car that should stop when it comes to a stop sign.

2 Draw a road (or use the form provided on the next page) with enough room to drive a toy car. Put a stop sign in each corner and practice to stop and turn the car.
(3) Then help the child imagine what would happen if we could turn the road rather than the car ... by driving the car to the corner, the car is immobilized while the other hand turns the road. It often helps to add a sound to this action (a CORNER..... "STOP!" .....turn the road..... "BJJננJנJנJ" ..... keep driving).


4 Once the child masters this manoeuvre, take the scissors and encourage the child to imagine that the scissors are the car. Starting with a square of medium size (if the square is too big it will be more difficult to handle), the child practices to stop at the corner and turn the paper. To make the activity more concrete and fun, kids will love it if you cut the small car found on page 36 and paste it with an adhesive piece of paper on the side of their scissors.

## Appendix: Plot for changes in direction


$\qquad$ Age: $\qquad$

## The Scissor Skills Sourcebook: Child's Abilities Observation Form

## Project:

$\qquad$ Date:

## Motor Skills

a) Sitting Posture
b) Scissor Grasp
c) Position of Arms While Cutting
d) Bilateral Hand Coordination

## Cutting Skills

| e)Type of Shapes Cut <br> (According to Age Expectations) |  |
| :--- | :--- | :--- |
| f)Control of Scissor Range <br> Opening (According to Shape) |  |
| g)Control of Paper Position <br> Between the Blades <br> (Proximal Versus Point) |  |
| h)Change of Direction Control <br> Management |  |
| i)Cutting Rhythm and Fluidity |  |
| j) Cutting Precision |  |
| k)Quality / Speed Relationship |  |
| Supporting Skills |  |
| I)Use of Strategies <br> m) Overall Task Organization <br> n) Autonomy to Complete <br> Entire Project |  |



PICTOGRAMS TO REPRODUCE AND PLASTIFY

芌

Closing pictogram
for projects with less
than 6 steps.



## Section 2: The Cutting Program



## List of Projects

## Cutting Straight Lines

1. The Bag of Candy
2. The Birthday Party
3. The Crown
4. The Snowflake
5. The Apple
6. The Hairy Head
7. The Octopus
8. The Sun
9. The Train
10. The Bowl of Fruit
11. Bracelets
12. Garland
13. The Hedgehog
14. The Puzzle

## Cutting Geometric Shapes

15. The Stop Sign
16. The Traffic Light
17. The Television
18. The Picture Frame
19. The Kite
20. The Christmas Tree
21. The Piano
22. The Pyramid
23. The Pumpkin
24. The Robot
25. The House
26. The Boat


## Cutting Straight Lines

## Project 2: The Birthday Party

Materials: Scissors, markers, glue, cardboard (optional).

## Version A:

1. Color the picture.

## Version B:

1. For new learners, an adult pre-cuts the tabs and glues them onto cardboard before handing them back to the child.
2. Color the gifts.
3. Cut along the black lines.
4. Glue the gifts next to the cake on the table with the help of the guide.
5. (Optional) Color the table and the cake.

## Version C:

1. For new learners, an adult pre-cuts the tabs and glues them onto cardboard before handing them to the child.
2. Color the gifts.
3. Cut along the black lines.
4. Glue the gifts next to the cake on thetable.
5. (Optional) Color the table and the cake.

## I. Ideas for Activities:

1. Discuss the connection between one's birthday and their actual day of birth and link them to the concept of time (years).
2. Discuss the process of creating life (love, pregnancy, birth).
3. Look at pictures of a pregnant mother and order the pictures according to the sequence of pregnancy using the size of her stomach as an indicator.
4. Draw a parallel with animals. Discuss the different modes of development and birth depending on the species (egg versus child bearing).
5. Discuss the perspective of others, such as their tastes. Try to determine what might please another (peers or family) if they would buy a birthday present for them.


Adult: For new learners, pre-cut outside of tabs and glue them onto cardboard before handing them to the child.

\section*{| $\mathscr{G}$ | $\mathscr{G}$ | $\ldots$ |
| :---: | :---: | :---: | :---: | :---: | <br> Adult ${ }_{0}$}



Adult X



## Cutting Geometric Shapes

## Project 24: The Robot

Materials: Scissors, markers, glue.

## Version A:

1. Color the picture.

## Version B:

1. Color the robot parts.
2. Cut out the robot parts.
3. Glue the robot on the page at the place designated by the dotted guide.
4. (Optional) Color the rest of the picture.

## Version C:

1. Color the robot parts.
2. Cut out the robot parts.
3. Assemble the robot on the planet.
4. Glue the robot on the page.
5. (Optional) Color the rest of the picture.


Example Version C

## Ideas for Activities:

1. Invent a dance and have fun dancing and talking like a robot.
2. Discuss the presence of technology in everyday life by identifying electrical or electronic items that make our lives easier.
3. Explain to the child what life was like before technology (electrical devices) existed. (Did you know that when "Grandma" was a little girl there was no television...)






0 O



## Cutting Curves and Circles

## Project 33: Planets

## Materials:

Scissors, markers, glue.

## Version A:

1. Color the planets.

## Version B:

1. Color the planets.
2. Cut out the planets.
3. Glue the planets in the spaces near the other planets using the dotted guide.
4. Color the rest of the picture.

## Version C:

1. Color the planets.
2. Cut out the planets.
3. Glue the planets in the spaces near the other planets and stars.
4. Draw and decorate the other planets.
5. Color the picture.


## Ideas for Activities:

1. If available, show the child a globe or a world map and discuss with them the various places where they have been and where people live (countries). Let them point to different countries and teach them the name of the country. Show the child where they live.
2. Talk about the physical differences (eye shape, skin color, etc.) and cultural differences between people of different origins.





## Cutting Irregular Shapes

## Project 42: The Butterfly

Materials: Scissors, markers, glue.

## Version A:

1. Color the picture.

## Version B:

1. Color the butterfly wings.
2. Cut out the butterfly wings.
3. Glue the wings on the butterfly as indicated by the dotted guide.
4. (Optional) Color the rest of the picture.

## Version C:

1. Decorate and color the butterly wings.
2. Cut out the butterfly wings.
3. Glue the wings on the butterfly as indicted by the dotted guide.
4. (Optional) Color the rest of the picture.


## Ideas for Activities:

1. Discuss the transformation from caterpillar to butterfly.
2. Role play by pretending to be a caterpillar. Make a cocoon with blankets and later turn into a butterfly.





# The Scissor Skills Sourcebook A comprehensive and sequential approach for all 

Allowing any child to develop their cutting skills comes down to offering them appropriate challenges based on their abilities. With each individual success, the child will continue to be interested in cutting and highly motivated to improve their skills.

This book is for everyone who has the opportunity to help children with their motor and creative development (parents, educators, teachers, therapists). 50 projects are offered, each one more challenging than the last, in sync with the natural development of a child. It teaches skills required to start cutting and takes the child all the way to cutting complex shapes. The Scissor Skills Sourcebook is designed to grow with the child. Useful starting at $\mathbf{2 1 / 2}$ years old, this training resource is useful for education purposes up to and including 7 years of age. After proper cutting skills have been achieved, these fun projects can continually be enjoyed at all ages!

Each project can be done at different levels of difficulty (versions), the simplest involving only coloring and no cutting. This unique aspect meets the needs of multi-age environments and allows the child to enjoy the same project at different times throughout their childhood (e.g., coloring at 2 years old, cutting at 4 years old, drawing and building at 6 years old.) With a project suited to their own abilities, success is guaranteed for the child.


All the projects are simple and quickly achieved requiring only every day materials such as scissors, glue and markers. In order to properly complete a period of activity, both at home and in childcare, activities related to themes of the cutting projects are provided. From shapes to plants to concepts of time, educational and fun ideas abound.

To meet all needs, this tool is enriched with theory on the development of cutting skills and practical advice to support the child who progresses more slowly as well as printable tools and observation and monitoring checklists for specialists.

Josiane Caron Santha, MSc. has been an Occupational Therapist since 1998. Josiane is the owner of Les Mille-Pattes, a pediatric OT clinic renowned for its services in occupational therapy with autism. Columnist for multiple online publications, Josiane is also a mother of two children, an author and a lecturer. As a result of these experiences, she has become familiar with the needs of parents, daycare workers and specialists, all of which inspired this project.


